

Narcissistic Admiration and Rivalry Questionnaire (NARQ)

Back, M. D., Küfner, A. C. P., Dufner, M., Gerlach, T. M., Rauthmann, J. F., & Denissen, J. J. A. (in press). Narcissistic admiration and rivalry: Disentangling the bright and dark sides of narcissism. *Journal of Personality and Social Psychology*.

Please indicate how much the following statements apply to you using a response format ranging from “1 = not agree at all” to “6 = agree completely”.

	not agree at all					agree com- pletely
1. I am great.	1	2	3	4	5	6
2. I will someday be famous.	1	2	3	4	5	6
3. I show others how special I am.	1	2	3	4	5	6
4. I react annoyed if another person steals the show from me.	1	2	3	4	5	6
5. I enjoy my successes very much.	1	2	3	4	5	6
6. I secretly take pleasure in the failure of my rivals.	1	2	3	4	5	6
7. Most of the time I am able to draw people's attention to myself in conversations.	1	2	3	4	5	6
8. I deserve to be seen as a great personality.	1	2	3	4	5	6
9. I want my rivals to fail.	1	2	3	4	5	6
10. I enjoy it when another person is inferior to me.	1	2	3	4	5	6
11. I often get annoyed when I am criticized.	1	2	3	4	5	6
12. I can barely stand it if another person is at the center of events.	1	2	3	4	5	6
13. Most people won't achieve anything.	1	2	3	4	5	6
14. Other people are worth nothing.	1	2	3	4	5	6
15. Being a very special person gives me a lot of strength.	1	2	3	4	5	6
16. I manage to be the center of attention with my outstanding contributions.	1	2	3	4	5	6
17. Most people are somehow losers.	1	2	3	4	5	6
18. Mostly, I am very adept at dealing with other people.	1	2	3	4	5	6

Background

The NARQ is based on the idea that narcissism can be decomposed into two positively correlated dimensions: *Admiration* and *Rivalry*. These dimensions each encompass different cognitive, affective-motivational, and behavioral facets and result from two distinct interpersonal strategies: the tendency to approach social admiration by means of self-promotion (*assertive self-enhancement*) and the tendency to prevent social failure by self-defense (*antagonistic self-protection*). Both dimensions share the overarching goal to maintain a grandiose self. Differentiating narcissistic admiration and rivalry promises to improve our understanding of the determinants, processes, and consequences of narcissism.

Scale computation (SPSS syntax)

* Overall ***Narcissism*** score.

```
compute narq = mean (narq1 to narq18).  
exe.
```

* ***Admiration*** and ***Rivalry*** dimensions.

```
compute narq_adm = mean (narq1, narq2, narq3, narq5, narq7, narq8, narq15, narq16, narq18).  
exe.
```

```
compute narq_riv = mean (narq4, narq6, narq9, narq10, narq11, narq12, narq13, narq14, narq17).  
exe.
```

* Admiration facets (***grandiosity, strive for uniqueness, charmingness***).

```
compute narq_adm_g = mean (narq1, narq2, narq8).  
exe.
```

```
compute narq_adm_u = mean (narq3, narq5, narq15).  
exe.
```

```
compute narq_adm_c = mean (narq7, narq16, narq18).  
exe.
```

* Rivalry facets (***devaluation, strive for supremacy, aggressiveness***).

```
compute narq_riv_d = mean (narq13, narq14, narq17).  
exe.
```

```
compute narq_riv_s = mean (narq6, narq9, narq10).  
exe.
```

```
compute narq_riv_a = mean (narq4, narq11, narq12).  
exe.
```

Brief version of the NARQ (based on content coverage and strongest factor loadings)

Please indicate how much the following statements apply to you using a response format ranging from “1 = not agree at all” to “6 = agree completely”.)

	not agree at all					agree com- pletely
1. I react annoyed if another person steals the show from me.	1	2	3	4	5	6
2. I deserve to be seen as a great personality.	1	2	3	4	5	6
3. I want my rivals to fail.	1	2	3	4	5	6
4. Being a very special person gives me a lot of strength.	1	2	3	4	5	6
5. I manage to be the center of attention with my outstanding contributions.	1	2	3	4	5	6
6. Most people are somehow losers.	1	2	3	4	5	6

Based on brief NARQ

* Overall *Narcissism* score.

```
compute narq_brief = mean (narq_b1 to narq_b6).  
exe.
```

* *Admiration* and *Rivalry* dimensions.

```
compute narq_adm_brief = mean (narq_b2, narq_b4, narq_b5).  
exe.
```

```
compute narq_riv_brief = mean (narq_b1, narq_b3, narq_b6).  
exe.
```

Based on full NARQ

* Overall *Narcissism* score.

```
compute narq_brief = mean (narq4, narq8, narq9, narq15, narq16, narq17).  
exe.
```

* *Admiration* and *Rivalry* dimensions.

```
compute narq_adm_brief = mean (narq8, narq15, narq16).  
exe.
```

```
compute narq_riv_brief = mean (narq4, narq9, narq17).  
exe.
```